A Better Day
Choreographed by Cordelia Lee (Kuching, Malaysia), 21 March 2011
Description: Phrased easy intermediate line dance
Music: **Better Day** by Gaither Vocal Band [112 bpm]
Video Links: http://www.youtube.com/watch?v=5igCce-vC_k
http://vimeo.com/23431317

Sequence: A A A A A A- A A- A- B

Start on lyrics

SECTION A (48 Counts) – Wall 1 (12.00), Wall 2 (9.00), Wall 3 (6.00), Wall 4 (3.00), Wall 5 (12.00) and Wall 7 (9.00)

FORWARD, HOLD, BALL, FORWARD, SIDE ROCK, CROSS, BACK, DRAG
1-4 Step forward on R (1) hold (2), lock L behind R on ball of L (&), step forward on R (3), rock L to L side (4)
5-8 Recover on R, cross L over R, step back on R, drag L to touch in front of R

SIDE, HOLD, CROSS ROCK, SIDE, TOUCH, SIDE TOUCH
1-4 Step L to L side, hold, cross R over L, recover on L
5-8 Step R to R side, touch L next to R, step L to L side, touch R next to L
Snap fingers on counts 6 and 8

RIGHT CHASSE, BACK ROCK, ¼ LEFT FORWARD SHUFFLE, FORWARD, ¼ L
1&2 Step R to the R, step L next to R, step R to the R
3-4 Rock back on L, recover on R
5&6 Turn ¼ shuffling forward on L-R-L (9.00)
7-8 Step forward on R, turn ¼ L stepping L to L side (6.00)

CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE, SIDE, ½ L HINGE TURN
1&2 Cross R over L, lock L behind R, cross R over L
3-4 Rock L to L side, recover on R
5&6 Cross L over R, lock R behind L, cross L over R
7&8 Step R to R side, hinge ½ L turn on ball of R (12.00), step L to the L

STEP, KICK, CROSS, KICK (2X)
1-4 Step R to R side, kick L over R, cross L over R, kick R toward R diagonal
5-8 Step R to R side, kick L over R, cross L over R, kick R toward R diagonal
Snap fingers on counts 2, 4, 6 and 8

CROSS, BACK, SIDE, HOLD, CROSS, ¼ L BACK, HOLD
1-4 Cross R over L, step back on L, step R to R side, hold
5-8 Cross L over R, step back on R turning ¼ L (9.00), step L to L side, hold

SECTION A- (32 Counts)
This is the first 32 counts of Section A, occuring on Wall 6 (9.00), Wall 8 (6.00) & Wall 9 (6.00)

SECTION B (The Ending: 16 Counts) – Wall 10 (6.00)
After the first 12 counts, dance the following to end dance facing the 12.00 Wall:

BACK ¼ L, TOUCH, SIDE ¼ L, HOLD
13-16 Turn ¼ L stepping back on R (3.00), touch L next to R, big step L to L side turning ¼ L (12.00), hold