

Bandstand Boogie

Choreographed by Cordelia Lee (Kuching, Malaysia), June 2010

Description: 32-count, 4-wall, beginner line dance

Music: **Bandstand Boogie** [176 bpm / from the album *All Night Long* by Ross Mitchell, His Band and Singers]

Video link: http://www.youtube.com/user/cordielle#p/a/u/1/ydN_y1sTzxl

INTRO – 16 counts

CHARLESTON – FORWARD TOUCH, HOLD, STEP BACK, HOLD, BACK TOUCH, HOLD, STEP FORWARD, HOLD

1-4 Touch right forward, hold, step back on right, hold

5-8 Touch left back, hold, step forward on left, hold

SIDE, TOGETHER, SIDE, HOLD (2X)

1-4 Step right to the right, step left next to right, step right to the right, hold

5-8 Step left to the left, step right next to left, step left to the left, hold

FULL RIGHT TURN WALKING FORWARD ON RIGHT & LEFT WITH HOLDS

1-4 Step right forward turning $\frac{1}{4}$ right, hold, step left forward turning $\frac{1}{4}$ right, hold

5-8 Step right forward turning $\frac{1}{4}$ right, hold, step left forward turning $\frac{1}{4}$ right, hold

FORWARD MAMBO, HOLD, BACK MAMBO $\frac{1}{4}$ LEFT, HOLD

1-4 Rock forward on right, recover on left, step back on right, hold

5-8 Rock forward on left, recover on right, step forward on left turning $\frac{1}{4}$ left, hold

REPEAT

N.B. The dance can be easily adapted to suit other styles, e.g., the swing or hip-hop, simply by changing certain moves, adding attitudes or body movements:

The Swing

The Charleston could be danced with a semi-circular curve forward and back, the touch could be substituted with a kick, and so on.

Hip-Hop

The Charleston could be danced with hops and kicks; shoulder pops / dives could be added to counts 9-16, and so on.