

Joget Hati Senang Choreographed by Cordelia Lee (Kuching, Malaysia), 21 July 2011

Description: Phrased line dance

Sequene: A A B C A A B D E

Music: **Joget Hati Senang** by Adibah Noor [116 bpm]

Video Links: <http://www.youtube.com/watch?v=f5hy3YkmSA0>
<http://www.youtube.com/watch?v=0OxFwVtzVFo>

Start on lyrics

SECTION A (42 counts)

TOUCH, STEP, TOUCH, STEP, TOUCH, STEP, TOUCH, STEP

1-4 Touch R slightly forward, step R next to L, touch L slightly back, step L next to R

5-8 Touch R slightly forward, step R next to L, touch L slightly back, step L next to R

TOE STRUTS FORWARD, STEP BACK

1-4 Touch R forward, step forward on R, touch L forward, step forward on L

5-8 Touch R forward, step forward on R, touch L forward, step back on L

TOE STRUTS BACK

1-4 Touch R back, step back on R, touch L back, step back on L

5-8 Touch R back, step back on R, touch L back, step back on L

FULL TURN RIGHT WITH THE TOUCH-STEP ROUTINE

1-4 Turn 1/8 R touching R forward, turn 1/8 R stepping down on R (3.00), turn 1/8 R touching L back, turn 1/8 R stepping back on L (6.00)

5-8 Turn 1/8 R touching R forward, turn 1/8 R stepping down on R (9.00), turn 1/8 R touching L back, turn 1/8 R stepping back on L (12.00)

FULL LEFT TURN WITH THE TOUCH-STEP ROUTINE

1-4 Turn 1/8 L touching R forward, turn 1/8 L stepping down on R (9.00), turn 1/8 L touching L forward, turn 1/8 L stepping forward on L (6.00)

5-8 Turn 1/8 L touching R forward, turn 1/8 L stepping down on R (3.00), turn 1/8 L touching L forward, turn 1/8 L stepping forward on L (12.00)

RIGHT & LEFT SWAYS

1-2 Sway to the R, sway to the L

SECTION B (64 counts)

FORWARD SHUFFLE (X4)

1-4 Shuffle forward on R-L-R (1&2), shuffle forward on L-R-L (3&4)

5-8 Shuffle forward on R-L-R (5&6), shuffle forward on L-R-L (7&8)

FULL RIGHT TURN WITH THE SHUFFLING ROUTINE

1-4 Turn 1/4 R (3.00) shuffling forward on R-L-R (1&2), turn 1/4 R (6.00) shuffling forward on L-R-L (3&4)

5-8 Turn 1/4 R (9.00) shuffling forward on R-L-R (5&6), turn 1/4 R (12.00) shuffling forward on L-R-L (7&8)

BACK SHUFFLE (X4)

1-4 Shuffle back on R-L-R (1&2), shuffle back on L-R-L (3&4)

5-8 Shuffle back on R-L-R (5&6), shuffle back on L-R-L (7&8)

FULL LEFT TURN WITH THE SHUFFLING ROUTINE

1-4 Turn 1/4 L (9.00) shuffling forward on R-L-R (1&2), turn 1/4 L (6.00) shuffling forward on L-R-L (3&4)

5-8 Turn 1/4 L (3.00) shuffling forward on R-L-R (5&6), turn 1/4 L (12.00) shuffling forward on L-R-L (7&8)

CROSS ROCK, SIDE, CROSS ROCK, SIDE, CROSS ROCK, SIDE, CROSS ROCK, SIDE

- 1&2 Rock R over L, recover on L, step R to the R
- 3&4 Rock L over R, recover on R, step L to the L
- 5&6 Rock R over L, recover on L, step R to the R
- 7&8 Rock L over R, recover on R, step L to the L

FULL RIGHT TURN PADDLE STEPS

- 1&2& Turn 1/8 R stepping forward on R, step L next to R, turn 1/8 R stepping down on R, step L next to R (3.00)
 - 3&4& Turn 1/8 R stepping forward on R, step L next to R, turn 1/8 R stepping down on R, step L next to R (6.00)
 - 5&6& Turn 1/8 R stepping forward on R, step L next to R, turn 1/8 R stepping down on R, step L next to R (9.00)
 - 7&8 Turn 1/8 R stepping forward on R, step L next to R, turn 1/8 R stepping down on R (12.00)
- * Styling – L hand on the waist, R arm stretched out with palm facing up*

CROSS ROCK, SIDE, CROSS ROCK, SIDE, CROSS ROCK, SIDE, CROSS ROCK, SIDE

- 1&2 Rock L over R, recover on R, step L to the L
- 3&4 Rock R over L, recover on L, step R to the R
- 5&6 Rock L over R, recover on R, step L to the L
- 7&8 Rock R over L, recover on L, step R to the R

FULL LEFT TURN PADDLE STEPS

- 1&2& Turn 1/8 L stepping forward on L, step R next to L, turn 1/8 L stepping down on L, step R next to L (9.00)
 - 3&4& Turn 1/8 L stepping forward on L, step R next to L, turn 1/8 L stepping down on L, step R next to L (6.00)
 - 5&6& Turn 1/8 L stepping forward on L, step R next to L, turn 1/8 L stepping down on L, step R next to L (3.00)
 - 7&8 Turn 1/8 L stepping forward on L, step R next to L, turn 1/8 L stepping down on L (12.00)
- * Styling – R hand on the waist, L arm stretched out with palm facing up*

SECTION C (36 counts)

FORWARD, TOUCH, BACK, TOUCH (X2)

- 1-4 Step forward on R, touch L forward, step back on L, touch R back
- 5-8 Step forward on R, touch L forward, step back on L, touch R back

¼ RIGHT FORWARD, TOUCH, BACK TOUCH, FORWARD, TOUCH, BACK, TOUCH

- 1-4 Turn ¼ R stepping forward on R, touch L forward, step back on L, touch R back (3.00)
- 5-8 Step forward on R, touch L forward, step back on L, touch R back

¼ RIGHT FORWARD, TOUCH, BACK TOUCH, FORWARD, TOUCH, BACK, TOUCH

- 1-4 Turn ¼ R stepping forward on R, touch L forward, step back on L, touch R back (6.00)
- 5-8 Step forward on R, touch L forward, step back on L, touch R back

¼ RIGHT FORWARD, TOUCH, BACK TOUCH, FORWARD, TOUCH, BACK, TOUCH

- 1-4 Turn ¼ R stepping forward on R, touch L forward, step back on L, touch R back (9.00)
- 5-8 Step forward on R, touch L forward, step back on L, touch R back

¼ RIGHT, SWAY TO THE RIGHT, LEFT, RIGHT, LEFT

- 1-4 Turn ¼ R stepping down on R swaying to the R, L, R and L (12.00)

SECTION D (16 counts)

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

- 1-4 Walk forward on R, L, R, kick L forward
- 5-8 Walk back on L, R, L, touch R back

WALK, WALK, WALK, KICK, BACK, BACK, BACK, TOUCH

- 1-4 Walk forward on R, L, R, kick L forward
- 5-8 Walk back on L, R, L, touch R back

SECTION E (40 counts)

HEEL, TOE, HEEL, TOGETHER, HEEL, TOE, HEEL, ¼ RIGHT

- 1-4 Touch R heel towards the R Diagonal, touch R toe in front of L, touch R heel towards the R Diagonal, step R next to L
- 5-8 Touch L heel towards the L Diagonal, touch L toe in front of R, touch L heel towards the L Diagonal, step L next to R turning ¼ R (3.00)

HEEL, TOE, HEEL, TOGETHER, HEEL, TOE, HEEL, ¼ RIGHT

- 1-4 Touch R heel towards the R Diagonal, touch R toe in front of L, touch R heel towards the R Diagonal, step R next to L
- 5-8 Touch L heel towards the L Diagonal, touch L toe in front of R, touch L heel towards the L Diagonal, step L next to R turning ¼ R (6.00)

HEEL, TOE, HEEL, TOGETHER, HEEL, TOE, HEEL, ¼ RIGHT

- 1-4 Touch R heel towards the R Diagonal, touch R toe in front of L, touch R heel towards the R Diagonal, step R next to L
- 5-8 Touch L heel towards the L Diagonal, touch L toe in front of R, touch L heel towards the L Diagonal, step L next to R turning ¼ R (9.00)

HEEL, TOE, HEEL, TOGETHER, HEEL, TOE, HEEL, ¼ RIGHT

- 1-4 Touch R heel towards the R Diagonal, touch R toe in front of L, touch R heel towards the R Diagonal, step R next to L
- 5-8 Touch L heel towards the L Diagonal, touch L toe in front of R, touch L heel towards the L Diagonal, step L next to R turning ¼ R (12.00)

HEEL, TOE, HEEL, TOGETHER (X2)

- 1-4 Touch R heel towards the R Diagonal, touch R toe in front of L, touch R heel towards the R Diagonal, step R next to L
- 5-8 Touch L heel towards the L Diagonal, touch L toe in front of R, touch L heel towards the L Diagonal, step L next to R

ENDING (8 counts)

Cross R over L to a full unwind L turn and end with a pose facing 12.00.

☺ *The 'joget' is a traditional dance of the Malay people of Malaysia and this stepsheet acts merely as a guide. It really doesn't matter that the touches sometimes occur slightly to the front, to the back, or even next to the right and left feet as this is often expressed quite freely in the dance. Also, the toe touches in SECTION E are often executed 'hooked over' the other foot in the traditional dance. Do feel free to enjoy this dance with such expressions. ☺*