

One Friend

Choreographed by Cordelia Lee (Kuching, Malaysia), 13 September 2012

Description: 32-count, 4-wall intermediate line dance

Music: **One Friend** by Dan Seals [64 bpm]

Video Links: <http://youtu.be/t5t900eTxFO> ; <https://vimeo.com/50755015>

INTRO – 12 counts

FORWARD SHUFFLE, FORWARD ROCK, COASTER CROSS STEP, SIDE ROCK, TOGETHER

- 1&2 Shuffle forward on R-L-R
- 3-4 Rock forward on L, recover on R
- 5&6 Step back on L, step R next to L, cross L over R
- 7 8& Rock R to R side, recover on L, step R next to L

¼ LEFT TURN FORWARD SHUFFLE, FORWARD ROCK, COASTER CROSS STEP, SIDE ROCK, TOGETHER

- 1&2 Turn ¼ L shuffling forward on L-R-L (9.00)
- 3-4 Rock forward on R, recover on L
- 5&6 Step back on R, step L next to R, cross R over L
- 7 8& Rock L to L side, recover on R, step L next to R

RIGHT CHASSE, BACK ROCK, SIDE, TOGETHER, ¼ LEFT TURN FORWARD SHUFFLE

- 1&2 Shuffle to the R on R-L-R
 - 3-4 Rock back on L, recover on R
 - 5-6 Step L to L side, step R next to L
 - 7&8 Step forward on L turning ¼ L (6.00), lock R behind L, step forward on R
- Wall 5 (facing 6.00) – hold for 3 counts*

BACK, LOW KICK, BACK ROCK, BACK, LOW KICK, BACK ROCK, FORWARD SHUFFLE, FORWARD, ¼ RIGHT TURN, CROSS

- 1 Step back on R kicking L towards L Diagonal
- 2& Step back on L, recover on R
- 3 Step back on L kicking R towards R Diagonal
- 4& Step back on R, recover on L
- 5&6 Shuffle forward on R-L-R
- 7&8 Step forward on L, step R to R side turning ¼ R (3.00), cross L over R

REPEAT

TAG (2 counts) – At the ends of Walls 1, 2, 4, 5, when facing 3.00, 6.00, 12.00 & 3.00 respectively:

- 1-2 Rock R to R side, recover on L

ENDING – The last wall (facing 9.00) has only 12 counts. After the first 8 counts, dance the following to end dance facing the front wall:

¼ LEFT TURN STEP-LOCK (2X), ¼ LEFT, TOUCH, HOLD

- 1&2& Step forward on L turning ¼ L (6.00), lock R behind L, step forward on L turning ¼ L (3.00), lock R behind L
- 3&4 Step forward on L turning ¼ L (12.00), drag R to touch behind L, hold