

## **U R My Friend** Choreographed by Cordelia Lee (Kuching, Malaysia), October 2008

Description: 64-count, 4-wall, higher intermediate/advanced line dance

Music: **You Are My Friend** by James Pinto [96 bpm / from the album *Between 2 Worlds*]

Video Link: [www.youtube.com/watch?v=WfF\\_d2Es8ho](http://www.youtube.com/watch?v=WfF_d2Es8ho)

INTRO – 32 counts

Start dance on the word 'friend'

### **SIDE, BACK ROCK, SIDE, CROSS ROCK, ¼ RIGHT, FULL TURN, FORWARD**

- 1 2& Step right to right side, rock back on left, recover on right
- 3 4& Step left to left side, cross rock right over left, recover on left
- 5-7 Step forward on right turning ¼ right (3.00), Turn ½ right stepping forward on left, turn ½ right stepping forward on right
- 8 Step forward on left

### **½ TURN, COSTER STEP, RIGHT SHUFFLE, MAMBO STEP, ¼ RIGHT, FORWARD**

- 1 2&3 Step back on right turning ½ left (9.00), step back on left, step right next to left, step left forward
- 4&5 Shuffle forward on R-L-R
- 6&7 Rock left forward, recover on right, step slightly back on left
- 8 step forward on right turning ¼ right (12.00)

### **FORWARD LUNGE, BACK, SWEEP, BACK, SWEEP, BACK ROCK, KICK, PRESS, RECOVER, KICK, BEHIND SIDE FORWARD, ¼ LEFT**

- 1-3 Lunge forward on left, step back on right, sweeping left back, step down on left sweeping right foot back
- 4&5 Rock back on right, recover on left, kick right out towards right diagonal
- 6&7 Press down on right, recover on left, kick right out towards right diagonal
- 8&1 Step right behind left, step left to left side, forward on right turning ¼ left (9.00)

### **LEFT SHUFFLE, RIGHT SHUFFLE, HITCH ¼ RIGHT, FORWARD, HITCH ¼ LEFT**

- 2&3 Step left forward, step right behind left, step left forward (facing left diagonal)
- 4&5 Step right forward, step left behind right, step right forward (facing right diagonal)
- 6-7 Hitch left and turn ¼ right on ball of right (3.00)
- 8& Step left forward, hitch right and turn ¼ left on ball of left (12.00)

*Restart after 32 counts of Wall 3 – dance till count 29, then step forward on L (30), turn ½ R stepping forward on R (&), walk forward on L (31), touch R next to L (32), and start the dance on the 9.00 Wall.*

### **CROSS SAMBA (X2), MAMBO FORWARD, ½ RIGHT, FORWARD, SIDE, HIP BUMPS (X3)**

- 1&2 Cross right over left, step left to left side, step right to right side
- 3&4 Cross left over right, step right to right side, step left to left side
- 5&6 Rock forward on right, recover on left, turn ½ left stepping forward on right (6.00)
- 7 8&1 Step left forward, touch right slightly forward (weight on both feet) and bump hips to the right, to the left, to the right (weight ending on right)

### **HOLD, PRESS, PUSH, STEP, PUSH, STEP, BACK, STEP-LOCK-STEP**

- 2-4 Hold (2), press down on left foot pushing it towards right (3), slide right foot to right side (4)
- 5-6 Press down on left foot pushing it towards right, slide right foot to right side
- 7 8&1 Step left back lifting right heel, step forward on right, lock left behind right, step right forward

### **SCUFF, ¼ RIGHT, WEAVE, SIDE, TOUCH**

- 2& Scuff left forward, turn ¼ right on ball of right, hitch left leg across right (9.00)
- 3 4 5 Cross left over right, step right to right side, cross left behind right
- 6-8 Big step right to right side, drag left to touch beside right

### **¼ LEFT, STEP-LOCK-STEP, ¼ LEFT, HOLD, BACK ROCK, FORWARD, HIP SWAYS (X2)**

- 1-4 Step forward on left side turning ¼ left (6.00), lock right behind left, step left forward, step right to right side turning ¼ left (3.00)
- 5 6&7 Hold (left heel up), rock back on left, recover on right, step forward on left
- 8& Touch right foot to right side swaying hips to the right, to the left (weight ending on the left)

### **REPEAT**

### **ENDING**

Dance till count 19, then do the following: Cross right foot behind left (20), step left to the left (&), cross right over left turning ¼ left (21), hold, to end the dance facing the front wall